



## Moving the Desk Out of the Kitchen Helped Cindy Relax!



Cindy's partner Bill has his desk in the official office in their house, but Cindy

needs a place for her desk too. You certainly don't want a desk in the bedroom... so we initially put Cindy's desk in the kitchen. It was the only place there was room.

After about a month in the kitchen, during which she started a new eating plan, she began

to feel pressured! It was too tempting to always be in the kitchen. Maybe being in the "Family" part of the floor plan also felt like a great deal of pressure to be instantly successful, to be making ends meet just as she was building a new business.



So, we looked at the living room... the only other possible room in the home where we might be able to add a desk..



We made a subtle change by turning the future on an angle to make

room for the desk. The importance of this is that when you enter the front door you are still greeted by a living room and not an "office." Having an office as the first room of site creates an energy that makes you feel you must be working all the time!! Some new red pillows for the couch will also dynamically pull the focus of the eye, so you sort of slide right past the fact that there is a desk in the room.



The extra chair and ottoman went up into the kitchen, creating a warm great-room feel

which the kids love to hang out in while Cindy and Bill cook dinner.